



## Squad Timetable JAN 2025

		Silver/ Gold	Bronze
Wed	1.1	<b>HAPPY NEW YEAR</b>	<b>HAPPY NEW YEAR</b>
Thurs	2.1	6:00-8.30am	6:00-8.00
Fri	3.1	6:00-8.30am	6:00-8.00
Sat	4.1	8.30-10.30am	
Sun	5.1		
Mon	6.1	6:00-8.30am	6:00-8.00
Tues	7.1	6:00-8.30am	6:00-8.00
Wed	8.1	6:00-8.30am	6:00-8.00
Thurs	9.1	6:00-8.30am	6:00-8.00
Fri	10.1	<b>NELSON BAY CARNIVAL</b>	<b>NELSON BAY CARNIVAL</b>
Sat	11.1	<b>NELSON BAY CARNIVAL</b>	<b>NELSON BAY CARNIVAL</b>
Sun	12.1		
Mon	13.1	6:00-8.30am & 3.00-5.00pm	6:00-8.00 & 3.00-5.00pm
Tues	14.1	6:00-8.30am & 3.00-5.00pm	6:00-8.00 & 3.00-5.00pm
Wed	15.1	6:00-8.30am	6:00-8.00
Thurs	16.1	6:00-8.30am	6:00-8.00
Fri	17.1	6:00-8.30am	6:00-8.00
Sat	18.1	<b>NSW COUNTRY REGIONALS</b>	<b>NSW COUNTRY REGIONALS</b>
Sun	19.1	<b>NSW COUNTRY REGIONALS</b>	<b>NSW COUNTRY REGIONALS</b>
Mon	20.1	6:00-8.30am	6:00-8.00
Tues	21.1	6:00-8.30am	6:00-8.00
Wed	22.1	6:00-8.30am	6:00-8.00
Thurs	23.1	6:00-8.30am	6:00-8.00
Fri	24.1	6:00-8.30am	6:00-8.00
Sat	25.1		
Sun	26.1	<b>AUSTRALIA DAY</b>	
Mon	27.1	<b>PUBLIC HOLIDAY</b>	